






May 2019 — Senior Center Lunch Menu

Lunch served at 11:30 am to 12:30 pm Monday through Friday

SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>**All meals served with coffee/tea/milk</i></p>			<p>1 Chili Frito Pie Refried Beans Dk Green Leafy Salad Mexican Rice Pineapple</p>	<p>2 Chicken Spaghetti or Spaghetti w/ Sauce Corn Broccoli & Cheese Wheat Roll Mandarin Oranges</p>	<p>3 Fish Macaroni & Cheese Tomatoes & Zucchini Cornbread Strawberries</p>	4
5	<p>6 Sweet & Sour Chicken Asian Rice Oriental Vegetables Egg Rolls Applesauce</p>	<p>7 Cheeseburger on Bun Potato Wedges Hominy Juice Peach Crisp</p>	<p>8 Taco Salad w/ Meat, Cheese & Beans Lettuce & Tomatoes Pineapple Tostito Chips Pudding w/ Topping</p>	<p>9 Chef Salad w/ Tomatoes, Ham & Cheese Baked Potato Grape Juice Crackers Mixed Fruit</p>	<p>10 Meatloaf Mashed Potatoes Buttered Peas & Carrots Wheat Roll Sliced Pears</p>	11
12	<p>13 Hamburger Steak w/ Gravy Mashed Potatoes Green Beans Wheat Roll Apple</p>	<p>14 Beef & Noodles Carrots Cauliflower Wheat Roll Mandarin Oranges</p>	<p>15 Stuffed Green Peppers Steamed Rice Steamed Broccoli Wheat Roll Sliced Peaches</p>	<p>16 Bday/Anniversary Oven Fried Chicken Mashed Potatoes & Gravy Peas & Carrots  Wheat Roll Birthday Cake w/ Fruit</p>	<p>17 Cook's Choice</p> 	18
19	<p>20 Sausage Patties w/ Gravy Oven Hash Browns Orange Juice Biscuit Peaches</p>	<p>21 Chicken Strips Corn Broccoli Wheat Roll Pears</p>	<p>22 Taco Soup Dk Green Leafy Salad Cottage Cheese w/ Tomatoes Cornbread or Tortilla Chips Cantaloupe</p>	<p>23 Open Faced Turkey Sandwich Mashed Potatoes Spinach Wheat Bread Vanilla Wafer Pudding w/ Banana</p>	<p>24 BBQ Beef Sandwich Baked Beans French Fries Apple Juice Orange</p>	25
26	<p>27 Closed for Memorial Day</p> 	<p>28 Chicken Fried Steak w/ Gravy Au Gratin Potatoes Mixed Vegetables Wheat Roll Sliced Pears</p>	<p>29 Cheeseburger or Chili Dog on Bun Coleslaw Potato Salad Peaches Ice Cream Bar</p>	<p>30 Taco Salad w/ Meat, Beans & Cheese Lettuce & Tomatoes Pineapple Tostito Chips Frozen Sherbert</p>	<p>31 BBQ Chicken Buttered Peas Baked Beans Wheat Roll Apple Crisp</p>	1