












June 2019 – Senior Center Lunch Menu

Lunch served at 11:30 am to 12:30 pm Monday through Friday

SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>**All meals served with coffee/tea/milk</i></p>	<p>3 Chicken Salad Sandwich Frito Chips Rosy Applesauce Potato Salad Oatmeal Cookies</p>	<p>4 Swiss Steak Antiqua Vegetables Corn Wheat Roll Peach Crisp</p>	<p>5 Chili Frito Pie Refried Beans Dark Green Leafy Salad Mexican Rice Pineapple</p>	<p>6 Chicken Spaghetti or Spaghetti w/ Sauce Corn Broccoli & Cheese Wheat Roll Mandarin Oranges</p>	<p>7 Fish Macaroni & Cheese Tomatoes & Zucchini Cornbread Strawberries</p>	<p>8 </p>
<p>9 </p>	<p>10 Sweet & Sour Chicken Asian Rice Oriental Veggies Egg Rolls Applesauce</p>	<p>11 Cheeseburger on bun Potato Wedges Hominy Juice Peach Crisp</p>	<p>12 Taco Salad w/ Meat, Cheese & Beans Lettuce & Tomatoes Pineapple Tostito Chips Pudding w/ Topping</p>	<p>13 Chef Salad w/ Tomatoes, Ham & Cheese Baked Potato Grape Juice Crackers Mixed Fruit</p>	<p>14 Meatloaf Mashed Potatoes Buttered Peas & Carrots Wheat Roll Sliced Pears</p>	<p>15</p>
<p>16</p>	<p>17 Hamburger Steak w/ Gravy Mashed Potatoes Green Beans Wheat Roll Apple</p>	<p>18 Beef & Noodles Carrots Cauliflower Wheat Roll Mandarin Oranges</p>	<p>19 Stuffed Green Peppers Steamed Rice Steamed Broccoli Wheat Roll Sliced Peaches</p>	<p>20 <i>Birthday/ Anniversary</i>  Oved Fried Chicken Mashed Potatoes & Gravy Peas & Carrots Wheat Roll Birthday Cake w/ Fruit</p>	<p>21 Cook's Choice </p>	<p>22</p>
<p>23</p>	<p>24 Sausage Patties w/ Gravy Oven Hash Browns Orange Juice Biscuit Peaches</p>	<p>25 Chicken Strips Corn Broccoli Wheat Roll Pears</p>	<p>26 Taco Soup Dk Green Leafy Salad Cottage Cheese w/ Tomatoes Cornbread or Tortilla Chips Cantaloupe</p>	<p>27 Open Faced Turkey w/ Gravy Mashed Potatoes Spinach Wheat Bread Vanilla Wafer Pudding w/ Banana</p>	<p>28 BBQ Beef Sandwich Baked Beans French Fries Apple Juice Orange</p>	<p>29</p>
<p>30 </p>	<p>1 </p>	<p>2 </p>	<p>3 </p>	<p>4 </p>	<p>5 </p>	<p>6 </p>