

January 2020 Senior Center Lunch Menu

Lunch served at 11:30 am to 12:30 pm Monday through Friday

SUN	MON	TUE	WED	THU	FRI	SAT
<p><i>**All meals served with coffee/tea/milk</i></p>			<p>1 CLOSED FOR NEW YEAR'S DAY</p> 	<p>2 Taco Salad w/ Meat, Beans & Cheese Lettuce & Tomatoes Mixed Fruit Tostitos Frozen Sherbet</p>	<p>3 Cook's Choice</p> 	<p>4</p> 
<p>5</p> 	<p>6 Sweet & Sour Chicken Rice Oriental Vegetables Egg Roll Mandarin Oranges</p>	<p>7 Goulash Cali Blend Veggies Zucchini & Tomatoes Cornbread Cinnamon & Applesauce</p>	<p>8 Ham & Cheese Sandwich Baked Beans Pasta & Vegetables Tomato Juice Mixed Fruit Crisp</p>	<p>9 Chicken Parmesan w/ Spaghetti Dk Green Leafy Salad Garlic Roll Sliced Pears</p>	<p>10 Cook's Choice</p> 	<p>11</p>
<p>12</p>	<p>13 BBQ Pork on Bun Peppered French Fries Baked Beans Apple Juice Fruit</p>	<p>14 Potato Soup & Chef Salad Tropical Fruit Salad Tomato Juice Crackers Choc. Chip Cookie</p>	<p>15 Sliced Ham Sliced Carrots Green Beans Corn Drop Biscuit Sliced Peaches</p>	<p>16 BIRTHDAY DINNER Oven Fried Chicken Mashed Potatoes & Gravy Buttered Peas Wheat Roll Birthday Cake </p>	<p>17 Hot Dog w/ Chili & Cheese French Fries Coleslaw Grape Juice Sliced Pears</p>	<p>18</p>
<p>19</p>	<p>20 Chicken Fried Steak w/ Gravy Mashed Potatoes Mixed Vegetables Wheat Roll Apple</p>	<p>21 Taco Salad w/ Meat, Beans & Cheese Lettuce & Tomatoes Pineapple Tostitos Pudding</p>	<p>22 Salisbury Steak w/ Gravy Au Gratin Potatoes Buttered Peas Wheat Roll Banana</p>	<p>23 Teriyaki Chicken Asian Rice Broccoli Egg Roll Fruit</p>	<p>24 Spaghetti w/ Meatballs Buttered Carrots Cauliflower Wheat Roll Sliced Pears</p>	<p>25</p>
<p>26</p> 	<p>27 BBQ Brisket on Bun Buttered Peas French Fries Sliced Apples Pudding</p>	<p>28 Chili w/ Beans & Shredded Cheese Coleslaw Sliced Peaches Crackers Cinnamon Roll</p>	<p>29 Chicken Strips w/ Gravy Mashed Potatoes Sliced Carrots Wheat Roll Mixed Fruit</p>	<p>30 Cheeseburger on Bun w/ Lettuce & Tomato Green Beans Macaroni & Tomatoes Rosy Applesauce Brownie</p>	<p>31 Baked Chicken Cauliflower Broccoli & Cheese Wheat Roll Sliced Pears</p>	<p>1</p> 